

49ERS		
NO	NAME	POS
2	Josh Rosen	QB
3	C.J. Beathard	QB
6	Mitch Wishnowsky	P
9	Robbie Gould	K
11	Brandon Aiyuk	WR
13	Richie James	WR
17	Matt Cole	WR
19	Deebo Samuel	WR
20	Jimmie Ward	DB
22	Jason Verrett	CB
23	Ahkello Witherspoon	CB
24	K'Waun Williams	CB
25	Richard Sherman	CB
26	Tevin Coleman	RB
27	Dontae Johnson	CB
28	Jerick McKinnon	RB
30	Jeff Wilson Jr.	RB
33	Tarvarius Moore	DB
36	Marcell Harris	S
40	Colin Holba	LS
41	Emmanuel Moseley	CB
43	Kai Nacua	S
44	Kyle Juszczyk	FB
45	Demetrius Flannigan–Fowles	LB
48	Austin Walter	RB
51	Azeez Al–Shaa'ir	LB
53	Mark Nzeocha	LB
54	Fred Warner	LB
57	Dre Greenlaw	LB
59	Joe Walker	LB
60	Daniel Brunskill	OL
62	Tony Bergstrom	OL
65	Darrion Daniels	DL
67	Justin Skule	OL
68	Colton McKivitz	OL
69	Mike McGlinchey	T
71	Trent Williams	T
75	Laken Tomlinson	OL
78	Jordan Willis	DL
81	Jordan Reed	TE
82	Ross Dwelley	TE
84	Kendrick Bourne	WR
85	George Kittle	TE
86	River Cracraft	WR
89	Charlie Woerner	TE
90	Kevin Givens	DL
91	Arik Armstead	DL
92	Kerry Hyder Jr.	DL
93	D.J. Jones	DL
95	Kentavious Street	DL
96	Dion Jordan	DL
99	Javon Kinlaw	DT



SAN FRANCISCO 49ERS (6-9) VS. SEATTLE SEAHAWKS (11-4)

SUNDAY, JANUARY 3, 2021 - 2:25 PM - STATE FARM STADIUM



49ERS OFFENSE

WR	19	Deebo Samuel	86	River Cracraft	17	Matt Cole
LT	71	Trent Williams				
LG	75	Laken Tomlinson	62	Tony Bergstrom		
C	60	Daniel Brunskill				
RG	67	Justin Skule	68	Colton McKivitz		
RT	69	Mike McGlinchey				
TE	85	George Kittle	81	Jordan Reed	82	Ross Dwelley
					89	Charlie Woerner
WR	84	Kendrick Bourne	11	Brandon Aiyuk	13	Richie James
RB	26	Tevin Coleman	28	Jerick McKinnon	30	Jeff Wilson Jr.
					48	Austin Walter
FB	44	Kyle Juszczyk				
QB	3	C.J. Beathard	2	Josh Rosen		

49ERS DEFENSE

LDE	91	Arik Armstead	96	Dion Jordan		
LDT	99	Javon Kinlaw	90	Kevin Givens	65	Darrion Daniels
RDT	93	D.J. Jones	95	Kentavious Street		
RDE	92	Kerry Hyder Jr.	78	Jordan Willis		
SAM	51	Azeez Al–Shaa'ir	59	Joe Walker		
MIKE	54	Fred Warner	53	Mark Nzeocha		
WILL	57	Dre Greenlaw	45	Demetrius Flannigan–Fowles		
LCB	25	Richard Sherman	41	Emmanuel Moseley	23	Ahkello Witherspoon
RCB	22	Jason Verrett	27	Dontae Johnson		
NB	24	K'Waun Williams				
FS	20	Jimmie Ward	43	Kai Nacua		
SS	33	Tarvarius Moore	36	Marcell Harris		

SEAHAWKS DEFENSE

DE	91	L.J. Collier	94	Rasheem Green	99	Damontre Moore
DT	90	Jarran Reed	93	Jonathan Bullard		
NT	97	Poona Ford	92	Bryan Mone		
LEO	43	Carlos Dunlap II	95	Benson Mayowa	98	Alton Robinson
OLB	56	Jordyn Brooks	57	Cody Barton	49	Shaquem Griffin
MLB	54	Bobby Wagner	57	Cody Barton		
OLB	50	K.J. Wright	56	Jordyn Brooks	55	Ben Burr–Kirven
LCB	26	Shaquill Griffin	29	D.J. Reed		
RCB	29	D.J. Reed	34	Linden Stephens	39	Jayson Stanley
SS	33	Jamal Adams	35	Ryan Neal	36	Damarious Randall
FS	37	Quandre Diggs	28	Ugo Amadi		

SEAHAWKS OFFENSE

WR	14	DK Metcalf	83	David Moore		
LT	76	Duane Brown	74	Cedric Ogbuehi	75	Chad Wheeler
LG	70	Mike Iupati	66	Jordan Simmons		
C	77	Ethan Pocic	61	Kyle Fuller	68	Damien Lewis
RG	68	Damien Lewis	66	Jordan Simmons		
RT	72	Brandon Shell	74	Cedric Ogbuehi	75	Chad Wheeler
TE	88	Greg Olsen	89	Will Dissly	86	Jacob Hollister
					84	Colby Parkinson
WR	16	Tyler Lockett	18	Freddie Swain		
QB	3	Russell Wilson	7	Geno Smith		
FB	44	Nick Bellore				
RB	32	Chris Carson	30	Carlos Hyde	20	Rashaad Penny
					31	DeeJay Dallas

49ERS SPECIALISTS

P	6	Mitch Wishnowsky
K	9	Robbie Gould
H	6	Mitch Wishnowsky
PR	13	Richie James
KOR	13	Richie James
LS	40	Colin Holba
		28 Jerick McKinnon

Underline: Rookie

SEAHAWKS SPECIALISTS

P	4	Michael Dickson		
K	5	Jason Myers		
H	4	Michael Dickson		
PR	29	D.J. Reed	83	David Moore
KOR	29	D.J. Reed	18	Freddie Swain
LS	69	Tyler Ott	16	Tyler Lockett

Underline: Rookie

SEAHAWKS

NO	NAME	POS
3	Russell Wilson	QB
4	Michael Dickson	P
5	Jason Myers	K
7	Geno Smith	QB
14	DK Metcalf	WR
16	Tyler Lockett	WR
18	Freddie Swain	WR
20	Rashaad Penny	RB
26	Shaquill Griffin	CB
28	Ugo Amadi	FS
29	D.J. Reed	CB
30	Carlos Hyde	RB
31	DeeJay Dallas	RB
32	Chris Carson	RB
33	Jamal Adams	SS
34	Linden Stephens	CB
35	Ryan Neal	SS
36	Damarious Randall	FS
37	Quandre Diggs	FS
39	Jayson Stanley	CB
43	Carlos Dunlap II	DE
44	Nick Bellore	FB
49	Shaquem Griffin	LB
50	K.J. Wright	LB
54	Bobby Wagner	LB
55	Ben Burr–Kirven	LB
56	Jordyn Brooks	LB
57	Cody Barton	LB
61	Kyle Fuller	C/G
66	Jordan Simmons	G
68	Damien Lewis	G
69	Tyler Ott	LS
70	Mike Iupati	G
72	Brandon Shell	T
74	Cedric Ogbuehi	T
75	Chad Wheeler	T
76	Duane Brown	T
77	Ethan Pocic	C/G
83	David Moore	WR
84	Colby Parkinson	TE
86	Jacob Hollister	TE
88	Greg Olsen	TE
89	Will Dissly	TE
90	Jarran Reed	DT
91	L.J. Collier	DE
92	Bryan Mone	DT
93	Jonathan Bullard	DE
94	Rasheem Green	DE
95	Benson Mayowa	DE
97	Poona Ford	DT
98	Alton Robinson	DE
99	Damontre Moore	DE

2020 PRACTICE SQUAD

NO	NAME	POS
2	Danny Eting	QB
6	Alex McGough	QB
15	John Ursua	WR
17	Aaron Fuller	WR
19	Penny Hart	WR
38	Gavin Heslop	CB
41	Alex Collins	RB
62	Wyatt Miller	T
64	Brad Lundblade	C
75	Cedrick Lattimore	DT
78	Alex Boone	G
79	Tommy Champion	T
81	Cody Thompson	WR
85	Tyler Mabry	TE

INACTIVES

1. _____	5. _____
2. _____	6. _____
3. _____	7. _____
4. _____	

TODAY'S OFFICIALS

REFEREE – Tony Corrente (99)
DOWN JUDGE – Mark Perlman (9)
FIELD JUDGE – Ryan Dickson (25)
BACK JUDGE – Todd Prukop (30)

UMPIRE – Dan Ferrell (64)
LINE JUDGE – Bart Longson (2)
SIDE JUDGE – Anthony Flemming (90)

INACTIVES

1. _____	5. _____
2. _____	6. _____
3. _____	7. _____
4. _____	



SAN FRANCISCO 49ERS

NO	NAME	POS	HT	WT	AGE	EXP	COLLEGE
2	Josh Rosen	QB	6–4	226	23	3	UCLA
3	C.J. Beathard	QB	6–2	215	27	4	Iowa
6	Mitch Wishnowsky	P	6–2	220	28	2	Utah
9	Robbie Gould	K	6–0	190	38	16	Penn State
11	Brandon Aiyuk	WR	6–0	200	22	R	Arizona State
13	Richie James	WR	5–9	185	25	3	Middle Tennessee State
17	Matt Cole	WR	5–10	197	24	R	McKendree
19	Deebo Samuel	WR	6–0	215	24	2	South Carolina
20	Jimmie Ward	DB	5–11	195	29	7	Northern Illinois
22	Jason Verrett	CB	5–10	188	29	7	Texas Christian
23	Ahkello Witherspoon	CB	6–3	195	25	4	Colorado
24	K'Waun Williams	CB	5–9	185	29	6	Pittsburgh
25	Richard Sherman	CB	6–3	205	32	10	Stanford
26	Tevin Coleman	RB	6–1	210	27	6	Indiana
27	Dontae Johnson	CB	6–2	200	29	7	North Carolina State
28	Jerick McKinnon	RB	5–9	205	28	7	Georgia Southern
30	Jeff Wilson Jr.	RB	6–0	213	25	3	North Texas
33	Tarvarius Moore	DB	6–2	200	24	3	Southern Mississippi
36	Marcell Harris	S	6–0	215	26	3	Florida
40	Colin Holba	LS	6–4	255	26	4	Louisville
41	Emmanuel Moseley	CB	5–11	190	24	3	Tennessee
43	Kai Nacua	S	6–0	205	25	3	Brigham Young
44	Kyle Juszczyk	FB	6–1	235	29	8	Harvard
45	Demetrius Flannigan–Fowles	LB	6–2	210	24	1	Arizona
48	Austin Walter	RB	5–8	190	24	1	Rice
51	Azeez Al–Shaaier	LB	6–2	228	23	2	Florida Atlantic
53	Mark Nzeocha	LB	6–3	235	30	6	Wyoming
54	Fred Warner	LB	6–3	230	24	3	Brigham Young
57	Dre Greenlaw	LB	6–0	230	23	2	Arkansas
59	Joe Walker	LB	6–2	236	28	5	Oregon
60	Daniel Brunskill	OL	6–5	300	26	2	San Diego State
62	Tony Bergstrom	OL	6–5	310	34	9	Utah
65	Darrion Daniels	DL	6–3	311	23	R	Nebraska
67	Justin Skule	OL	6–6	315	24	2	Vanderbilt
68	Colton McKivitz	OL	6–6	301	24	R	West Virginia
69	Mike McGlinchey	T	6–8	310	25	3	Notre Dame
71	Trent Williams	T	6–5	320	32	11	Oklahoma
75	Laken Tomlinson	OL	6–3	315	28	6	Duke
78	Jordan Willis	DL	6–4	270	25	4	Kansas State
81	Jordan Reed	TE	6–2	242	30	8	Florida
82	Ross Dwelley	TE	6–5	235	25	3	San Diego
84	Kendrick Bourne	WR	6–1	190	25	4	Eastern Washington
85	George Kittle	TE	6–4	250	27	4	Iowa
86	River Cracraft	WR	6–0	198	26	2	Washington State
89	Charlie Woerner	TE	6–5	241	23	R	Georgia
90	Kevin Givens	DL	6–1	285	23	1	Penn State
91	Arik Armstead	DL	6–7	290	27	6	Oregon
92	Kerry Hyder Jr.	DL	6–2	275	29	5	Texas Tech
93	D.J. Jones	DL	6–0	305	25	4	Mississippi
95	Kentavious Street	DL	6–2	287	24	2	North Carolina State
96	Dion Jordan	DL	6–6	275	30	6	Oregon
99	Javon Kinlaw	DT	6–5	319	23	R	South Carolina

SAN FRANCISCO 49ERS COACHING STAFF

KYLE SHANAHAN (Head Coach); RICHARD HIGHTOWER (Special Teams Coordinator); MIKE LaFLEUR (Passing Game Coordinator); MIKE McDANIEL (Run Game Coordinator); ROBERT SALEH (Defensive Coordinator); JON EMBREE (Assistant Head Coach/Tight Ends); JOHN BENTON (Offensive Line); DANIEL BULLOCKS (Safeties); MICHAEL CLAY (Assistant Special Teams); SHANE DAY (Quarterbacks); BRIAN FLEURY (Offensive Quality Control); CHRIS FOERSTER (Assistant Offensive Line); JOHNNY HOLLAND (Run Game Specialist/Outside Linebackers); KRIS KOCUREK (Defensive Line); STAN KWAN (Assistant Special Teams); TONY ODEN (Defensive Backs/Cornerbacks); MIKE RUTENBERG (Passing Game Specialist); DeMECO RYANS (Inside Linebackers); BOBBY SLOWIK (Offensive Assistant); KATIE SOWERS (Offensive Assistant); ROBERT TURNER JR. (Running Backs); WES WELKER (Wide Receivers); AARON WHITECOTTON (Assistant Defensive Line); ZACH YENSER (Assistant Offensive Line).

SEATTLE SEAHAWKS



NO	NAME	POS	HT	WT	AGE	EXP	COLLEGE
3	Russell Wilson	QB	5–11	215	32	9	Wisconsin
4	Michael Dickson	P	6–2	208	24	3	Texas
5	Jason Myers	K	5–10	190	29	6	Marist
7	Geno Smith	QB	6–3	221	29	8	West Virginia
14	DK Metcalf	WR	6–4	235	23	2	Mississippi
16	Tyler Lockett	WR	5–10	182	28	6	Kansas State
18	Freddie Swain	WR	6–0	199	22	R	Florida
20	Rashaad Penny	RB	5–11	220	24	3	San Diego State
26	Shaquill Griffin	CB	6–0	198	25	4	Central Florida
28	Ugo Amadi	FS	5–9	201	23	2	Oregon
29	D.J. Reed	CB	5–9	193	24	3	Kansas State
30	Carlos Hyde	RB	6–0	229	30	7	Ohio State
31	DeeJay Dallas	RB	5–10	214	22	R	Miami
32	Chris Carson	RB	5–11	222	26	4	Oklahoma State
33	Jamal Adams	SS	6–1	213	25	4	Louisiana State
34	Linden Stephens	CB	6–0	193	25	3	Cincinnati
35	Ryan Neal	SS	6–3	200	25	3	Southern Illinois
36	Damarius Randall	FS	5–11	196	28	6	Arizona State
37	Quandre Diggs	FS	5–9	197	27	6	Texas
39	Jayson Stanley	CB	6–2	209	23	2	Georgia
43	Carlos Dunlap II	DE	6–6	285	31	11	Florida
44	Nick Bellore	FB	6–1	250	31	10	Central Michigan
49	Shaquem Griffin	LB	6–0	227	25	3	Central Florida
50	K.J. Wright	LB	6–4	246	31	10	Mississippi State
54	Bobby Wagner	LB	6–0	242	30	9	Utah State
55	Ben Burr–Kirven	LB	6–0	230	23	2	Washington
56	Jordyn Brooks	LB	6–0	240	23	R	Texas Tech
57	Cody Barton	LB	6–2	237	24	2	Utah
61	Kyle Fuller	C/G	6–5	320	26	4	Baylor
66	Jordan Simmons	G	6–4	339	25	4	USC
68	Damien Lewis	G	6–2	327	23	R	Louisiana State
69	Tyler Ott	LS	6–3	253	28	6	Harvard
70	Mike Iupati	G	6–5	331	33	11	Idaho
72	Brandon Shell	T	6–5	324	28	5	South Carolina
74	Cedric Ogbuehi	T	6–5	308	28	6	Texas A&M
75	Chad Wheeler	T	6–7	318	26	4	USC
76	Duane Brown	T	6–4	315	35	13	Virginia Tech
77	Ethan Pocic	C/G	6–6	320	25	4	Louisiana State
83	David Moore	WR	6–0	215	25	4	East Central (Okla.)
84	Colby Parkinson	TE	6–7	251	21	R	Stanford
86	Jacob Hollister	TE	6–4	245	27	4	Wyoming
88	Greg Olsen	TE	6–5	255	35	14	Miami
89	Will Dissly	TE	6–4	265	24	3	Washington
90	Jarran Reed	DT	6–3	306	28	5	Alabama
91	L.J. Collier	DE	6–3	291	25	2	TCU
92	Bryan Mone	DT	6–3	345	25	2	Michigan
93	Jonathan Bullard	DE	6–3	296	27	5	Florida
94	Rasheem Green	DE	6–4	279	23	3	USC
95	Benson Mayowa	DE	6–3	252	29	8	Idaho
97	Poona Ford	DT	5–11	310	25	3	Texas
98	Alton Robinson	DE	6–3	259	22	R	Syracuse
99	Damontre Moore	DE	6–4	260	28	8	Texas A&M

SEATTLE SEAHAWKS COACHING STAFF

PETE CARROLL (Head Coach); KEN NORTON, JR. (Defensive Coordinator); BRIAN SCHOTTENHEIMER (Offensive Coordinator); DAVE CANALES (Offensive Passing Game Coordinator); BRENNAN CARROLL (Run Game Coordinator); NATE CARROLL (Wide Receivers); AARON CURRY (Defensive Assistant/Linebackers); ANDRE CURTIS (Defensive Passing Game Coordinator); AUSTIN DAVIS (Quarterbacks); TOM DONATELL (Quality Control/Defense); THOMAS GARCIA (Strength & Conditioning Assistant); JOHN GLENN (Linebackers); CLINT HURTT (Assistant Head Coach/Defensive Line); BRAD IDZIK (Assistant Wide Receivers); LARRY IZZO (Assistant Special Teams); KERRY JOSEPH (Offensive Assistant/Running Backs); KEL'I KEKUEWA (Offensive Assistant); SANJAY LAL (Senior Offensive Assistant); DAMIONE LEWIS (Defensive Assistant/Defensive Line); IVAN LEWIS (Head Strength & Conditioning); PAT McPHERSON (Tight Ends); CHAD MORTON (Running Backs); MARK PHILLIPP (Strength & Conditioning Assistant); MIKE SOLARI (Offensive Line); NICK SORESENSEN (Secondary & Nickel Specialist); GRANT STEEN (Strength & Conditioning Assistant); DANNY VAN DIJK (Strength & Conditioning Assistant); JAMIE YANCHAR (Strength & Conditioning Assistant).